

INFORMATION SHEET - PARENT/GUARDIAN

HREC Project Number:	HREC2016-0345
Project Title:	Motivation and doping in sport
Principal Investigator:	Prof. Nikos Ntoumanis
Version Number:	V2.1
Version Date:	01.02.2017

Why are we doing this project?

Coaches play a crucial role in shaping the psychological experiences and actions of athletes. Part of the role of a coach is to also educate and counsel athletes regarding anti-doping policies and rules adopted, and use their influence on athlete values and behaviour to foster anti-doping attitudes. In this project we are interested in exploring coach's strategies to motivate athletes, and athlete motivation and thoughts about doping in sport. As part of this project, we have invited a number of coaches, including your child's coach, to attend an education program that addresses these topics.

Who is carrying out the project?

This project is being carried out by researchers at Curtin University and is funded by the International Olympic Committee (IOC). The principal researcher is Professor Nikos Ntoumanis (www.oasisapps.curtin.edu.au/staff/profile/view/Nikos.Ntoumanis).

The same project is also taking place in the United Kingdom and Greece, and the aim is to compare the results across all three countries.

What will your child be asked to do if they wish to take part in this project?

Your child will be asked to complete a survey on three occasions between January 2017 and August 2017. The questions in the survey focus on the children's demographics (age, gender, ethnicity, sport history, etc.) the motivational strategies that their coach uses within the context of their team, and your child's perspective, attitudes and susceptibility to using performance enhancing substances. Your child is free to refuse to answer any questions; there are no right or wrong answers, and all answers will be kept strictly confidential. The completed survey will not be shared with anyone such as their coach and teammates. The survey will take approximately 15 minutes of your child's time and will be carried out at the beginning or end of a training session, as agreed with the coach. A member of the research team will be present and available to answer any queries.

Is there likely to be a benefit to my child?

At the end of the project, each club will be provided with a summary report of the findings and their implications for coaches and athletes. This brief report will be for distribution to coaches and athletes and will be written in lay language.

If your child takes part in the project by completing the surveys will be entered into a prize draw for one of 10 gift vouchers worth \$100 each.

What are the possible risks to my child?

Although there are no known physical, psychological, economic, or social risks associated with participation in this project, should any unusual discomforts arise participants will be offered details of the websites, email addresses and phone numbers of the Australian Sports Anti-Doping Agency. As we wish to link your child's responses over time, we will provide your child with a unique code that de-identifies them when we store their responses in an electronic database. Only the lead researcher will know this code to ensure their anonymity.

Does my child have to take part?

No, your child does not have to take part in this project. Whether your child decides to take part or not, it will not affect their treatment in their team or club now or in the future.

You are free to withdraw your consent and discontinue with your participation at any time for any reason and you do not need to justify your decision.

Where is information about my child kept?

Any information about your child that is obtained in connection with this project will remain confidential and will be disclosed only with your/your child's written permission. The results of this project will be published or disclosed to other people only in a way that will not identify participants (e.g. general trends). Completed surveys will be de-identified (i.e. coded) to ensure both confidentiality and anonymity, and used for data analysis then safely and securely stored in a locked office and password only accessible computer. Only basic demographic (e.g. age, gender) will be recorded to provide a general description of the sample and therefore maintain your anonymity. Video recordings will be securely stored on a password-accessible computer server and file location known only to the research team. The information we collect in this project will be kept under secure conditions at Curtin University for 7 years after the research has ended and then it will be destroyed/kept indefinitely. You have the right to access, and request correction of, your information in accordance with relevant privacy laws. The results of this research may be presented at conferences or published in professional journals. You will not be identified in any results that are published or presented.

Will you tell me the results of the research?

Once the project is complete a summary of the results will be freely available on the project website (www.coachMADE.com). The results of this research may be presented at conferences or published in professional journals. Your child will not be identified in any results that are published or presented.

Who to contact for more information about this project:

If you would like to any more information about this project, please do not hesitate to contact our research team (**Amy Dyer; 08 9266 2144; coachMADE@curtin.edu.au**).

What to do next if you do not want your child to take part in this research:

If you do not want your child to take part in this research project, please read and sign the opt-out form provided and return it to your child's coach or the research team by post, email or fax

(details below) Alternatively you can complete an online opt-out form, available here (www.coachMADE.com). Hardcopy and online **opt-out forms must be completed and returned within two weeks of receiving this letter** (17/02/2017). If you are happy for your child to participate, you do not need to respond.

If at any point during the project, you would like your child not to participate anymore, please contact Amy Dyer (08 9266 2144; coachMADE@curtin.edu.au). Your child is free to withdraw (or withdraw their data) at any time during the project, up until one month after the final survey, when data analysis will already have begun.

By post: School of Psychology and Speech Pathology
c/o Amy Dyer (B401.R379)
GPO Box U1987, Perth
Western Australia, 6845

By fax: +61 8 9266 2464

By email: coachMADE@curtin.edu.au

Concerns or complaints

Curtin University Human Research Ethics Committee (HREC) has approved this study (HREC2016-0345). Should you wish to discuss the study with someone not directly involved, in particular, any matters concerning the conduct of the study or your rights as a participant, or you wish to make a confidential complaint, you may contact the Ethics Officer on (08) 9266 9223 or the Manager, Research Integrity on (08) 9266 7093 or email hrec@curtin.edu.au.

THANK YOU FOR YOUR TIME

**Opt-Out Form – Parent**

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- I have read and understand the information sheet for the above project.
- I believe I understand the purpose, extent and possible risks of my child's involvement in this project.
- I have had an opportunity to ask questions and I am satisfied with the answers I have received.
- I understand I will receive a copy of this Information Statement and opt-out form.

Based on the information provided (please tick boxes):

I **do not agree** for my son/daughter to participate in completing questionnaires as part of this project.

(Note: please respond by (17/02/2017), otherwise your parental consent will be assumed).

Young Person Name:	
Club name	
Parent Name:	
Parent Signature:	
Date:	

Declaration by researcher: I have supplied an Information Letter and Consent Form to the participant who has signed above, and believe that they understand the purpose, extent and possible risks of their involvement in this project.

Researcher Name:	Professor Nikos Ntoumanis
Signature:	
Date:	[insert date once ethical approval has been obtained]

Note: All parties signing the Consent Form must date their own signature.